

## Information for Swiss recruits from abroad

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Welcome! You are Swiss Abroad doing your military service in Switzerland. The Organisation of the Swiss Abroad (OSA), SwissCommunity, in Bern will do its best to support you during your stay with information, services and a small welcome gift. This information intends to help with legal, social and financial matters. We stay at your disposal for any question you might have – **we are here for you.**

### Organisation of the Swiss Abroad

Marie Bloch  
Head of Youth Service

Ursula Schindler  
Legal service

ISSUES AND CONTACT ADDRESSES	SERVICES AND OFFERS
<b>Information and services for Swiss Abroad</b> Organisation of the Swiss Abroad Alpenstrasse 26 3006 Bern T: 031 356 61 00 E-mail: <a href="mailto:info@swisscommunity.org">info@swisscommunity.org</a> Internet: <a href="http://www.SwissCommunity.org">www.SwissCommunity.org</a>  Contacts: Legal Service: Ms Ursula Schindler Youth Service: Ms Marie Bloch	A team of 16 provides a variety of services for the more than 813'400 Swiss citizens living abroad, such as: <ul style="list-style-type: none"> <li>▪ representing their interests in Switzerland</li> <li>▪ providing information ("Swiss Review", newsletter, <a href="http://www.SwissCommunity.org">www.SwissCommunity.org</a>)</li> <li>▪ providing legal information and advice</li> <li>▪ networking of Swiss Abroad</li> <li>▪ Congress of the Swiss Abroad in Switzerland</li> <li>▪ vacation and participation opportunities for young Swiss Abroad</li> <li>▪ support for recruits: Information and counselling</li> </ul>
<b>Social questions</b> Sozialdienst der Armee Rodtmattstrasse 110 3003 Bern T: 0800 855 844 E-Mail: <a href="mailto:sozialdienst.persa@vtg.admin.ch">sozialdienst.persa@vtg.admin.ch</a> Internet: <a href="http://www.armee.ch/sozialdienst">www.armee.ch/sozialdienst</a>	The Army Welfare Service (Sozialdienst der Armee) provides support for anyone who has run into financial or other social difficulties because of their military obligations. The Welfare Service helps by providing information, advice, aid and financial assistance.  <i>→ Information can be obtained from the welfare officer (Verbindungsperson für soziale Fragen) at your recruit school.</i>
<b>Refund of travelling expenses</b> Finanzen LBA / Truppenrechnungswesen	The DDPS reimburses travelling expenses involved in

Viktoriastrasse 85 3003 Bern T: 0800 85 30 03 F: 058 464 05 07 E-Mail: <a href="mailto:truppenrechnungswesen.lba@vtg.admin.ch">truppenrechnungswesen.lba@vtg.admin.ch</a>	attending recruit school once per route.  → Information can be obtained from the "Personelles der Armee".
<b>Questions about military obligations of Swiss living abroad</b> Kommando Ausbildung Personelles der Armee (Pers A) Steuerung und Vorgaben Rodtmattstr. 110 3003 Bern T: 058 464 20 63 E-mail: <a href="mailto:personelles.persa@vtg.admin.ch">personelles.persa@vtg.admin.ch</a>	Information regarding military obligations of Swiss living abroad can be obtained from "Personelles der Armee".  → Additional information ("dual citizens and treaty", etc.) can be obtained from "Personelles der Armee", Hotline: 058 464 24 24 or 0800 424 111
<b>Servicemen's laundry</b> Soldatenwäscherei Postfach 3110 Münsingen	Anyone who does not have the opportunity to wash his personal clothes may use the Army Laundry Service for free. With each dispatch, a copy of the marching order must be enclosed in the laundry bag (Wäschebox) approved by the Military Post.  → Information can be obtained from the welfare officer at your recruit school or at the Army Welfare Service
<b>New underclothes</b> CEVI Militär Service Postfach 8032 Zürich	New underclothes are distributed by the CEVI Militär Service.  → Information can be obtained from the Army Welfare Service → Linen is issued only via the Army Welfare Service
<b>Compensation for loss of earnings</b> Schweizerische Ausgleichskasse Avenue Ed. Vaucher 18 1211 Genf 2 T: 058 461 91 11 F: 058 461 97 05	You have a right to claim appropriate compensation for loss of earnings or trade, even if you are currently a student or non-employed.  → Information can be obtained from the troops quartermaster or accountant of your recruit school.  Swiss abroad who have not yet worked in Switzerland should send their loss of earnings order (Erwerbsausfallordnung – EO) card to the Swiss Compensation Fund in Geneva (Caisse Suisse de compensation).  Swiss abroad who have worked in Switzerland at some



	time in the 12 months before attending the military service should send their loss of earnings order (EO) card to their previous employer.
<b>Military insurance</b> Militärversicherung Suva Sites: Bern, St. Gallen, Genf, Bellinzona Postal address: Service Center, Postfach, 6009 Luzern Internet: <a href="http://www.suva.ch/militaerversicherung">www.suva.ch/militaerversicherung</a>	While in service, all members of the army are insured in case of sickness and accidents.
<b>Health insurance</b>	If you have been in Switzerland for some time before the military service, you will already have taken out a Swiss health insurance. The basic health insurance coverage will be suspended if military service lasts more than 60 days. To be suspended from the obligatory health insurance, members of the Swiss armed forces must submit a copy of the marching order to his or her health insurance company. Supplementary health insurance will continue and need to be paid.
<b>Employment</b>	While at the recruit school you can also look for a job in Switzerland. Support for this is organized at all schools.  <i>→ Information can be obtained from the welfare officer at your recruit school.</i>
<b>Further Education</b> educationsuisse Alpenstrasse 26 3006 Bern T: 031 356 61 04 E-Mail: <a href="mailto:info@educationsuisse.ch">info@educationsuisse.ch</a> Internet: <a href="http://www.educationsuisse.ch">www.educationsuisse.ch</a>	Questions about education in Switzerland? educationsuisse will be glad to provide information on university education, apprenticeships, practical courses, language visits, integration courses, accommodation and scholarships.

